

Cheek Piercing Healing Time

A pierced cheek usually takes anywhere from 2 to 3 months to heal properly. Recovery may be quicker in people taking proper Cheek Piercing care. However, lack of care may invite [bacterial infection](#) in the area and make healing much slower.

Salt Water Washes

Mix a tsp of salt with 8 ounces of water and heat this to make a warm saline solution. Soak a small cotton pad with a little of this solution and rub it gently against the pierced spot for a few seconds. Throw it away and repeat the process with another fresh cotton ball. The session must last for at least 5 minutes. The salt water washes should be carried out at least twice every day for a month after piercing. The heat of the solution will restore blood flow to the region while the salt will keep it disinfected. As this piercing is complex, it is important to take appropriate aftercare to prevent any kind of scars as well as infection. The total healing time required for this piercing is 6-8 weeks, however, this will be different for every person.

Nevertheless, it has been observed that though the exit points of the piercing heals fast, it actually takes a lot of time for the inner part of the piercing to heal. Hence, one must take care of the piercing for a long time. Just like all kinds of body piercings, the best way to help the piercing to heal is to soak it in salt water solution. This should be done at least 2 times everyday. Moreover, one should take extra care to prevent any object from irritating it.

As you now know the risks and dangers associated with this kind of piercing, you must take the decision of getting this piercing done very carefully. Also, if you get the piercing done and observe any signs of infection or excessive bleeding, consulting your doctor or piercer immediately can save you from facing any kind of complications.